



Midland YMCA Pool Schedule

Effective August 28, 2017 to October 2, 2017

Schedule subject to change

Updated 8/30/17

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-6:45am	Lap/Family Swim	Lap Swim 5:45am Water In Motion	Lap/Family Swim	Lap Swim 5:45am Water In Motion	Lap/Family Swim	Pool Closed for Maintenance	
6:45am-9:00am		Lap/Family Swim		Lap/Family Swim			
9:00am-10:00am	Water In Motion	Water Aerobics	Water In Motion	Water Aerobics	Water In Motion	Water In Motion	
10:00am-11:00am	Lap/Family Swim	Arthritis Until 10:45	Lap/Family Swim	Arthritis Until 10:45	Lap/Family Swim	Lap/Family Swim	
11:00am-12:00pm		Lap/Family Swim		Lap/Family Swim			
12:00pm-1:00pm		Lap Swim		Lap Swim			
1:00pm-3:45pm		Lap/Family Swim		Lap/Family Swim			
3:45 pm-5:15pm	3:15 Swim Lessons Lap Swim	Swim Lessons Lap Swim	3:15 Swim Lessons Lap Swim	Swim Lessons Lap Swim			Lap/Family Swim 1:15pm-4:45pm
5:15pm-6:00pm	Arthritis 1 Lap Lane	Until 5:45 Swim Lessons	Arthritis 1 Lap Lane	Until 5:45 Swim Lessons	Arthritis 1 Lap Lane		
6:00pm-7:00pm	Water In Motion	Swim Lessons	Water In Motion	Swim Lessons	Lap/Family Swim		
7:00pm-8:15pm	Lap/Family Swim	Swim Lessons Family Swim	Lap/Family Swim	Swim Lessons Family Swim	Pool Closes at 7:45pm		
8:15pm-8:45pm		Lap/Family Swim		Lap/Family Swim			

*Please note that swim lessons maybe in session throughout the day.

**Pool will be closed the second Sunday of every month at 4pm for in-service. In the event this schedule should be altered, it will be posted in pool entry.

WWW.MIDLANDYMCA.ORG

432-682-2551